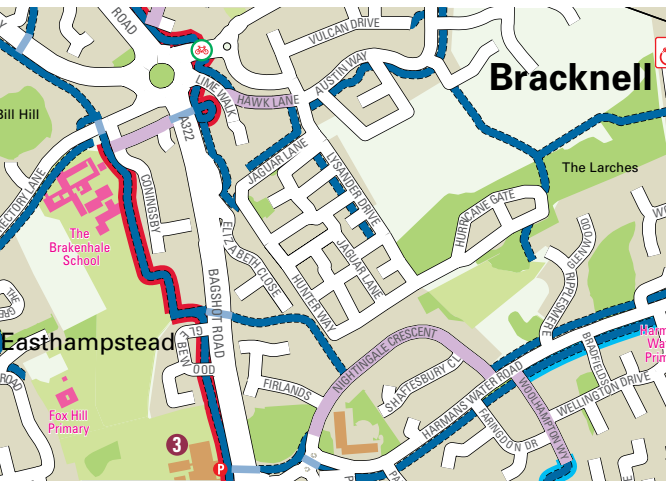


# CYCLING IN BRACKNELL FOREST



## CYCLE PARKING

There are numerous places to park your cycle throughout the borough. We have indicated where cycle parking facilities are available at popular destinations, but there are many more.

When parking your bike, please remember these basic guidelines;

- Park your bike where it is clearly visible to passers by, or is overlooked
- Lock the frame to something solid and immovable
- Take any removable parts such as lights with you.

## CYCLES BY RAIL

There are cycle parking facilities at all rail stations in Bracknell Forest. Accompanied bicycles are carried free of charge on most rail services subject to available space. However, some restrictions may apply at peak periods.

For more information, contact your service provider;

- National Rail Enquiries **Tel:** 08457 484950
- South West Trains **Tel:** 020 7620 5620
- Great Western Railway **Tel:** 0345 700 0125

## CONTACT US

Help us to maintain the roads, pavements and cycleways by letting us know when something is not right.

Call the council on **01344 352000** and ask to speak to one of the following;

- Highways Maintenance for potholes, cracks in the pavement, street lighting defects etc
- Street Cleansing for broken glass or other debris on the network

Or contact us through the Council website.

## CYCLE TRAINING

- On-road Bikeability cycle training is offered to children who are over 10 years old
- The training aims to encourage safe cycling by improving skills, knowledge and attitudes, and improving behaviour and hazard awareness
- If you would like to know more about Bikeability cycle training contact Cycle Experience:

**Telephone:** 0330 024 1783  
**Email:** info@cycleexperience.com

- For adult cycle training information contact the Cyclists' Touring Club:  
**Telephone:** 0844 7368450  
**Email:** cycling@ctc.org.uk  
**Web site:** www.ctc.org.uk

## TIPS FOR SAFER CYCLING

- When cycling on routes shared with pedestrians, always warn others of your presence by use of a bell, adjust your speed accordingly, and avoid cycling too closely. Some pedestrians may be visually or hearing impaired so please take extra care
- Take care when leaving cycle routes to join the main traffic flow
- A bike is very mobile in traffic but sudden swerves and zig-zagging cannot be anticipated by motorists
- Look behind and signal clearly and in good time before making a manoeuvre
- Be seen. Bright and reflective clothing helps both day and night in addition to cycle lights
- Always wear a cycle helmet
- Plan your route to avoid heavy traffic if possible. Use cycle tracks and cycle routes when they are available
- Before you set off, ensure your cycle is in good working order
- Be aware that some bridges/paths are not cycle routes but links joining cycleways, therefore cyclists should dismount for their own safety and that of pedestrians.



## KNOW THE SIGNS

**Shared-use path:** A shared-use path is one which can be used by cyclists as well as pedestrians. On such paths, cyclists must give way to pedestrians.

**Segregated shared-use path:** A segregated shared-use path is one which has some form of physical separation distinguishing the cyclist and pedestrian areas – usually a delineator white line, a raised white line or a kerb.

**Cycle route:** for use by cyclists only.

**Direction sign:** showing recommended route.

**Cycle route ahead**

**No cycling:** Please note that cycling **IS NOT** permitted in the pedestrianised shopping zone in Bracknell Town centre – police officers have the powers to issue fixed penalty notices to anyone caught cycling in the pedestrianised zone.

## CYCLE SHOPS

**Berkshire Cycle Co**  
Berkshire House  
207 High Street  
Crowthorne  
Berkshire  
RG45 7AQ  
**Tel:** 01344 761159

**Griff's Cycle Lab**  
196b Dukes Ride  
Crowthorne  
Berkshire  
RG45 6DS  
**Tel:** 01344 762 933

**Halfords**  
Skimped Hill Lane  
Bracknell  
Berkshire  
RG12 1EN  
**Tel:** 01344 862166

**Swinley Bike Hub**  
Swinley Forest  
Bracknell  
RG12 7QW  
**Tel:** 01344 360229

## LEISURE CYCLING

The maps contained within this leaflet show the network of dedicated and shared-use cycle paths throughout the borough. While most routes are not on the road, they mainly consist of asphalt covered paths.

In terms of true 'off-road' cycling, Bracknell Forest has a lot to offer with quiet country lanes and public rights of way to the north of the borough and the large area of Swinley Forest to the south.

A free Leisure Cycling and Mountain Biking leaflet with information about on- and off-road routes is available by calling **01344 352000**, or can be downloaded from the Council's web site at [www.bracknell-forest.gov.uk/parks-and-countryside](http://www.bracknell-forest.gov.uk/parks-and-countryside)

The following types of public right of way are open to cyclists:

### Bridleways

Open to cyclists, but you must give way to walkers and horsiders. They are signposted where they meet roads and waymarked along the route with blue arrows.

### Byways Open To All Traffic (BOATs) and Restricted Byways

As well as walkers and horse riders you may occasionally meet vehicles which also have right of access. These routes are signposted where they meet roads. Byways are waymarked with a red arrow and Restricted Byways with a deep plum arrow.

## COLOUR CODED ROUTES

Some key sections of the cycle network benefit from colour coded signage to make them easy to follow, and are highlighted on the map.

**Blue route:** Coral Reef to Lily Hill Park circular.

**Red route:** The Look Out Discovery Centre and Coral Reef Waterworld to Bracknell town centre.

**Yellow route:** Bracknell town centre via Wildridings, Great Hollands and Hanworth to South Hill Park.

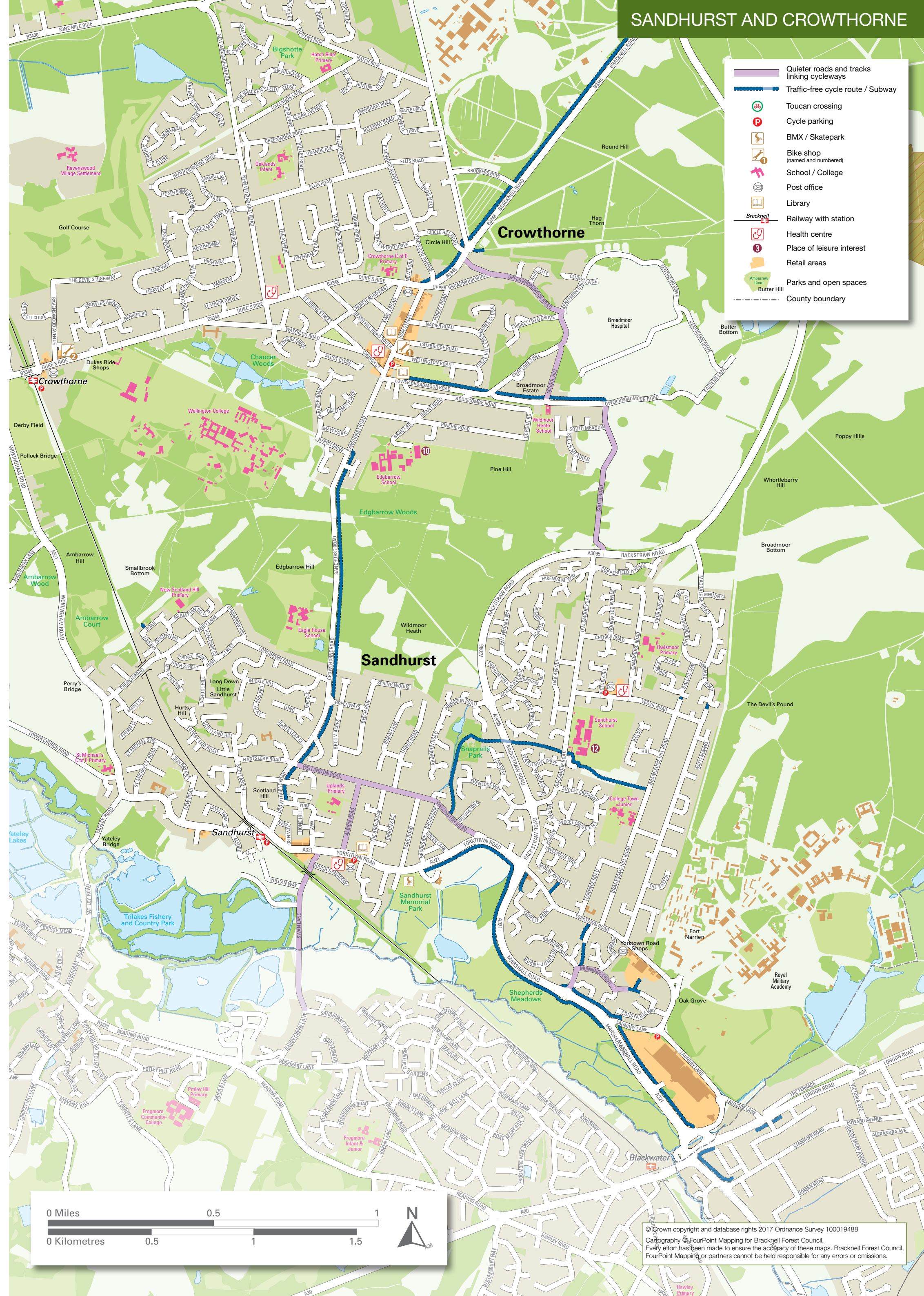
**Green route:** Bracknell town centre to Ascot.

You can pick up a route specific map from your local library, or download from [www.bracknell-forest.gov.uk/roads-parking-and-transport/travel-and-public-transport/cycling](http://www.bracknell-forest.gov.uk/roads-parking-and-transport/travel-and-public-transport/cycling)

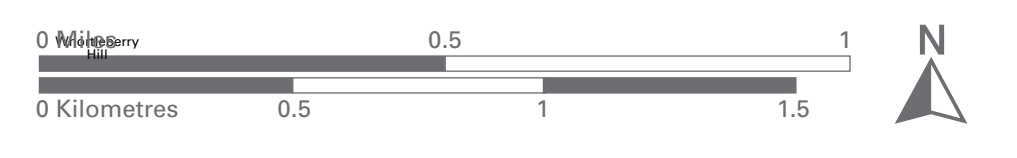
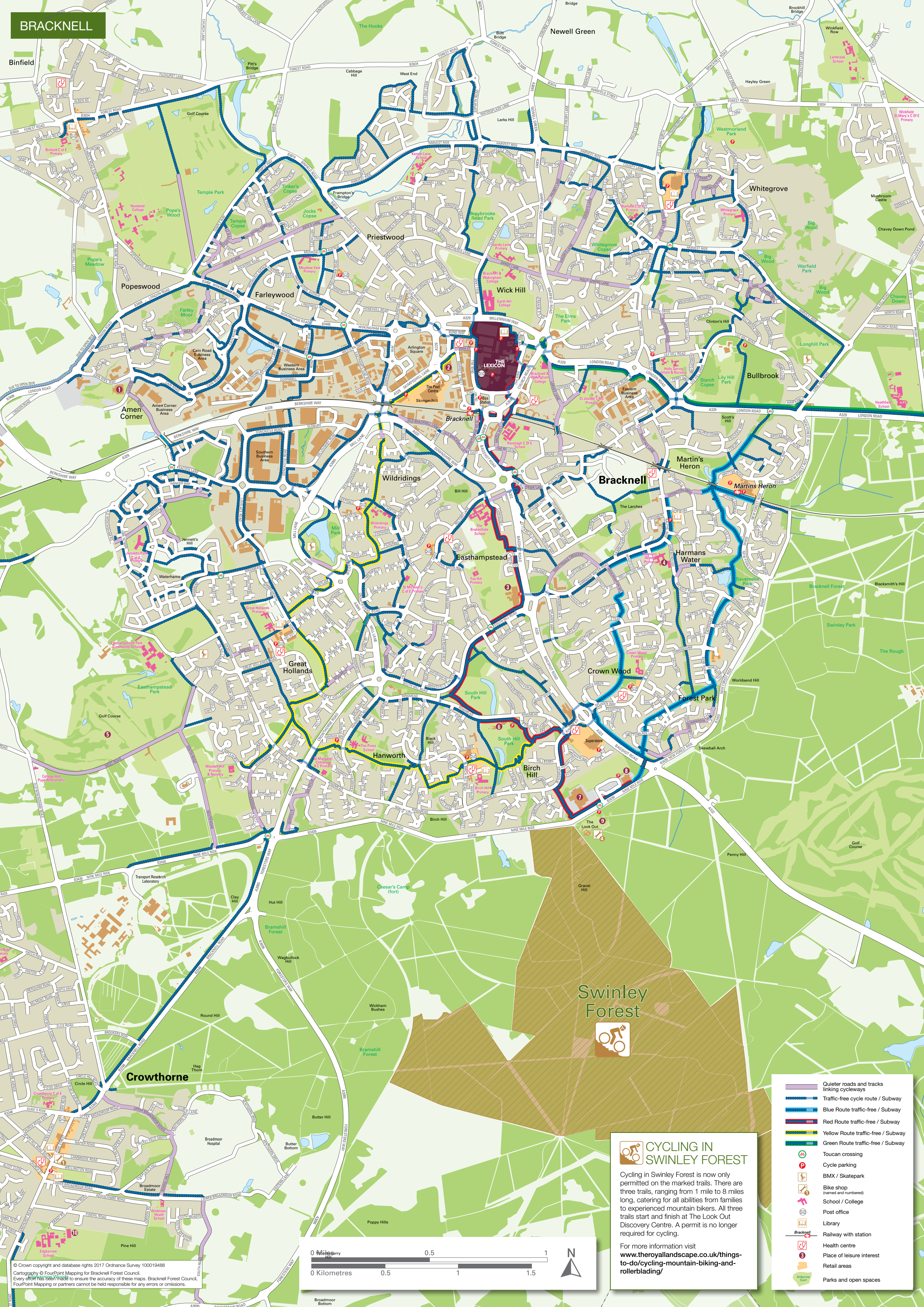
## LEISURE INTEREST SITES

- 1 **Bracknell Ice Rink and Ski Centre**  
01344 789000  
[www.bracknellskislopes.co.uk](http://www.bracknellskislopes.co.uk)
- 2 **The Point**  
Multi-venue leisure complex
- 3 **Bracknell Sport and Leisure Centre**  
01344 454203  
[blc.enquiries@bracknell-forest.gov.uk](mailto:blc.enquiries@bracknell-forest.gov.uk)
- 4 **Harmans Water Swimming Pool**  
01344 305111
- 5 **Downshire Golf Club**  
01344 302030  
[downshiregc@bracknell-forest.gov.uk](mailto:downshiregc@bracknell-forest.gov.uk)
- 6 **South Hill Park Arts Centre**  
01344 484858  
[www.southhillpark.org.uk](http://www.southhillpark.org.uk)
- 7 **Royal County of Berkshire Health and Racquets Club**  
01344 382380
- 8 **Coral Reef**  
01344 862525  
[coral.reef@bracknell-forest.gov.uk](mailto:coral.reef@bracknell-forest.gov.uk)
- 9 **The Look Out**  
Hands on science and nature exhibits.  
Swinley Forest cycle trails and bike hire  
01344 354400
- 10 **Edgbarrow Sports Centre**  
01344 776211  
[edgbarrow.sports-centre@bracknell-forest.gov.uk](mailto:edgbarrow.sports-centre@bracknell-forest.gov.uk)
- 11 **Horseshoe Lake Watersports Centre**  
01252 871808  
[www.watersport.freeuk.com](http://www.watersport.freeuk.com)
- 12 **Sandhurst Sports Centre**  
01344 778836  
[sandhurst.sports-centre@bracknell-forest.gov.uk](mailto:sandhurst.sports-centre@bracknell-forest.gov.uk)

## SANDHURST AND CROWTHORNE







### CYCLING IN SWINLEY FOREST

Cycling in Swinley Forest is now only permitted on the marked trails. There are three trails, ranging from 1 mile to 8 miles long, catering for all abilities from families to experienced mountain bikers. All three trails start and finish at The Look Out Discovery Centre. A permit is no longer required for cycling.

For more information visit  
[www.theroyallandscape.co.uk/things-to-do/cycling-mountain-biking-and-rollerblading/](http://www.theroyallandscape.co.uk/things-to-do/cycling-mountain-biking-and-rollerblading/)

- Quieter roads and tracks linking cycleways
- Traffic-free cycle route / Subway
- Blue Route traffic-free / Subway
- Red Route traffic-free / Subway
- Yellow Route traffic-free / Subway
- Green Route traffic-free / Subway
- Toucan crossing
- Cycle parking
- BMX / Skatepark
- Bike shop (named and numbered)
- School / College
- Post office
- Library
- Railway with station
- Health centre
- Place of leisure interest
- Retail areas
- Parks and open spaces